

2020 TCBR Training Rides

All training rides start at 6:00am from BNG Sports, 36 - 48 Kings Road HYDE PARK QLD 4812.

Please ensure you have a backup plan in the event you breakdown (phone a friend). Please ensure you come with adequate drinks and food to sustain the length of ride. You can discuss with the Rider Trainer if you're unsure.

Group Leaders are to organise training rides on the weekends allocated. Please contact your allocated Group Leader for further details, or email training@tcbr.org.au for contact information.

Weekend Date	Day Available	Route	Approx Distance
14 th -15 th March	Sunday	BNG Sports, Kings, Bayswater, Dalrymple, Kalynda, Hervey Range, Ross River, GMCT	30km
28 th -29 th March	Sunday	BNG Sports, Bayswater, Hugh, Ross River, River Way, Dam, Allambie, Becks, Hervey Range, Thuringowa, Dalrymple, Duckworth, Ingham, GMCT	40km
4 th -5 th April	Saturday	BNG Sports, Bayswater, Hugh, Ross River, River Way, Dam, Allambie, Becks, Hervey Range, Thuringowa, Dalrymple, Duckworth, Ingham, GMCT	40km
11 th -12 th April	Easter Weekend		
18 th -19 th April	Saturday	BNG Sports, Kings, Bayswater, Charters Towers, Flinders Highway, Valley Dr Loop, Flinders Highway, Port Access, Boundary Street, Dean, Oxley, Eyre, Bundock, Ingham, GMCT	50km
2 nd -3 rd May	Saturday	BNG Sports, Kings, Bayswater, Charters Towers, Flinders Highway, Valley Dr Loop, Flinders Highway, Port Access, Boundary Street, Dean, Oxley, Eyre, Bundock, Ingham, GMCT	50km
9 th -10 th May	COMPULSORY TEAM RIDE		
23 rd -24 th May	Sunday	BNG Sports, Kings, Bayswater, Charters Towers, Flinders Highway, Valley Dr Loop, Flinders Highway, Port Access, Boundary Street, Dean, Oxley, Eyre, Bundock, Ingham, GMCT	50km
30 th -31 st May	Saturday	BNG Sports, Kings, Bayswater, Charters Towers, University, JCU Loops, Angus Smith, Riverside, Ross River, Kalynda, Dalrymple, Shaw, Bruce Highway, Ingham, Sturt, Stanley, Castle Hill, Gregory, Bundock, Ingham, GMCT	60km
6 th -7 th June	COMPULSORY TEAM RIDE		
13 th -14 th June	Saturday	BNG Sports, Bayswater, Hugh, Ross River, River Way, Dam, Riverway, Allambie, Beck, Hervey Range, Kalynda, Dalrymple, Shaw, Woolcock, North Shore, Mont Low, Bushland Beach, Mount Low, North Shore, Woolcock, Ingham, GMCT	70km
20 th -21 st June	Saturday	BNG Sports, Kings, Bayswater, Charters Towers, Ross River, Riverway, Dam, Riverway, Allambie, Beck, Hervey Range, Black River, Bruce Highway, Woolcock, Ingham, GMCT	80km
4 th -5 th July	COMPULSORY TEAM RIDE		
11 th -12 th July	Saturday	TBA	50km